

Gheymeh Rizeh; Easily-Made Iranian Dish Popular with Almost Everyone

Written by IFP Editor

Sunday, 28 January 2018 09:56 -

The meatballs are often called Kalleh Gonjeshki that literally means sparrow heads. The recipe here applies potatoes, but if you do not like it, you can simply forget it. The total time you may spend to prepare the dish is almost 15 to 20 minutes. Then you just need to set it over mild flame for about an hour to be cooked well.

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gheymeh rizeh is a traditional Iranian dish made with ground beef, tomatoes, and spices. It is often served with fried balls of meat and herbs (sabztorsh) and a side of rice. The dish is popular in the Rizeh region and is a common part of the Iranian diet.